

Free Of Bullying Seminar

An environment that is open and accepting gives place for the individual to thrive – such an environment allows children to be who they are meant to be – themselves.

Our 'Free of Bullying' seminar held on 30th and 31st October and presented **by Mrs/Noha Ezzat Prep. & Sec. Headmistress** was about

prevention, based on the view that bullying involves the whole group. Interventions are made early in a Childs' development and schooling and aim to create strong, harmonious classes and groups that are more resilient to bullying. Children that were part of the Free of Bullying seminar learnt the basic fundamental values of tolerance, respect, care and courage. Thus, they understood what it means to be a good friend who has the courage to react if the feel that they or others are being badly treated. In other words; in a strong value-based group the children's community spirit is strengthened and there exists no tolerance for bullying.

At NIS we believe that children need a safe and secure environment where they can thrive, where they can concentrate on learning and where they can feel like an accepted and valuable part of a group.

Students found this seminar interesting and inspiring in the prevention of bullying.

